



Royal Queensland Golf Club

Women's Golf Program

Brisbane's Home of Women's Golf



Special Events

Team Building Activities

For All Bookings & Enquiries

07 3633 6500 | clinics@rqgolf.com.au



Fun 4 Step Program



MODULE

4

Fairway Program | 12 Weeks

PROGRAM COVERS:

- **TUESDAY COURSE ACCESS**
Available at off peak times
- **WEEKEND COURSE ACCESS**
Available subject to availability
- Coaches accompany participants around the course and continue to aid in technical development, course care and scoring.
- Scorecards are provided each week with reminder bullet points
- Opportunity to use 6 x 9 hole games to receive GA Handicap (when transferring to RQ Membership)

The RQ Women's Golf Program is a four step development pathway designed to progress the beginner golfer through to one who will confidently take part in weekly competition.

With small class sizes and guided by our highly sought after PGA Accredited Coaches, Ladies receive greater one-on-one time to focus on the improvement of their technical skills in a relaxed and supportive environment.

Clinics take place during the school term in our state-of-the-art Coaching Centre as well as our top rated course and practice facilities.

Light refreshments in the Clubhouse follow each Clinic.

Limited Reservations – Book Now!

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Royal Queensland Golf Club



MODULE

1

Beginners | 6 Weeks

PROGRAM COVERS:

- **WELCOME TO GOLF**
The chip swing, fundamentals
- **THE SHORT GAME**
The arm pitch
- **GOING LONG**
The body pitch to full swing
- **PUTT FOR DOUGH**
Driving and putting
- **BUNKERS AND COURSE CARE**
- **PUTTING IT ALL TOGETHER**
the 1-hole challenge, when and where to hit and the importance of good etiquette

MODULE

2

Intermediate | 6 Weeks

PROGRAM COVERS:

- **THE SHORT GAME AS A FOUNDATION FOR A GOOD SWING**
Should I putt, chip or pitch?
- **THE 3 X BALL POSITIONS FOR ALL YOUR CLUBS**
Be ready to play
- **GET A ROUTINE GOING**
1-hole challenge
- **ONE PRACTICE SWING IS ENOUGH**
Thinking Vs feeling
- **FAIRWAY BUNKERS VS GREENSIDE BUNKERS**
Distance or control? How to rake, 1-hole challenge, Putting, the 3ft circle and 2-hole challenge
- **PUTTING IT ALL TOGETHER**
Always be ready to play when it is your turn
3-hole challenge
- **COURSE CARE**
Do's and don'ts plus playing your game

MODULE

3

Advanced | 6 Weeks

PROGRAM COVERS:

- **ADVANCED SHORT GAME TECHNIQUES**
High shot / low shot, when to chip / pitch, Texas wedge, on green course care
- **HOW TO WARM UP**
The ultimate warm up routine, taking your practice range form to the course and course etiquette (1-hole)
- **COURSE MANAGEMENT**
Teeing the ball on the correct side of the tee box, identifying where the flag is, bunker course care (3-holes)
- **KNOW YOUR DISTANCES**
Learning to assess the distance to the hole quickly and playing efficiently (5-holes)
- **SCORING**
Knowing how and when to score, different competition types, the importance of having a consistent routine (5-holes)
- **PLAYING QUICKLY**
Always be ready when it is your turn, hitting a provisional, putting out when you can, Introduction to the Fairway Program

Book Now... Don't Miss Out!